COUNSELING CONNECTIONS

LSUHSC NEW ORLEANS DEPARTMENT OF COUNSELING NEWSLETTER | 2025 EDITION



DEPARTMENT UPDATES



LEADERSHIP UPDATE

We are pleased to announce that longtime faculty member Dr. George Hebert has been appointed Interim Department Head. Dr. Hebert's dedication to our students, faculty, and LSU Health New Orleans continues to guide the department forward.



EXCITING PROGRAM GROWTH

Our program continues to thrive! We are excited to share that we now have 50 students enrolled. This growth highlights both the demand for counseling professionals and the reputation of LSU Health's Counseling program.



ALUMNI SERVING AS FACULTY

We are proud that four of our faculty—Dr. Allsbrook, Dr. Angelocci, Dr. Frischhertz, and Dr. Walters—are graduates of our program. Their leadership reflects the strength of our alumni and our commitment to preparing the next generation of counselors.

WELCOME NEW FACULTY!

DR. DEBORAH ALLSBROOK



Please join us in welcoming **Dr. Deborah Allsbrook** to the LSU Health Sciences Center Department of Counseling!

Dr. Allsbrook joins us as an Assistant Professor beginning December 2025, and we are especially excited to welcome her home as a proud alumna of our program. She earned her Master of Health Science in Rehabilitation Counseling from LSUHSC in 2007 and completed her PhD in Counselor Education & Supervision at the University of New Orleans in 2024.

Dr. Allsbrook is an LPC-S and NCC with clinical experience across diverse settings, including a local psychiatric hospital, work as a sub-contractor with the Federal Bureau of Prisons, and private practice. Her clinical and research interests center on military and veteran concerns, trauma recovery, grief, and the use of technology in counseling and counselor education. Her dissertation and regional presentations explored moral injury, combat veteran experiences, and combat-related PTSD, and she has also presented widely on grief work and the ethical use of technology in supervision and practice.

Prior to joining LSUHSC, she served as adjunct faculty at NYU Steinhardt, The Chicago School of Professional Psychology, and the University of New Orleans, teaching courses such as Research Design, Counseling Theories, and Diagnosis.

Dr. Allsbrook is also deeply engaged in professional service, including roles with the ACA Mentorship Program, the Journal of Humanistic Counseling, and leadership in Chi Sigma Iota. She currently serves as Treasurer (2023–2025) and Incoming President (2026–2028) of the Louisiana Military and Government Counseling Association. In 2024, she was recognized as the Outstanding Doctoral Student in counselor education at UNO. We're so glad you're here, Dr. Allsbrook! 💜💛

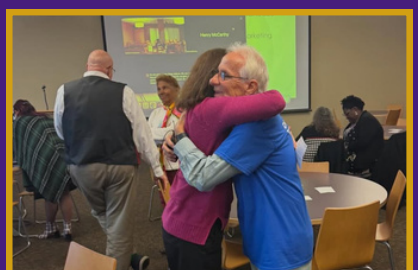
TIGERS & STRIPES EVENT

Honoring the Legacy and Contributions of Dr. Henry McCarthy

The counseling department's longtime faculty member and friend, Professor Emeritus **Dr. Henry McCarthy**, spoke to students, alumni, faculty, and community members at a free CE event in early December.

Dr. McCarthy's presentation reflected on his impactful career, his early beginnings that led him to counseling, mentors he met along the way, and his amazing work toward disability justice and wellness. Thank you Dr. McCarthy!







INAUGURAL WHITE COAT CEREMONY





On April 25, we proudly welcomed our counseling students into the clinical phase of their training during our first annual **White Coat Ceremony**. This LSU Health New Orleans School of Allied Health Professions tradition honors their commitment to the profession and marks a meaningful step in their journey as future counselors.

We were honored to have our alumna, **Dr. Megan Long**, as our keynote speaker. Her words of wisdom and encouragement inspired our students and community! Faculty, site supervisors, family, and friends gathered to celebrate, and each student received notes of encouragement tucked inside their coat pocket as a reminder of the strong support behind them. Congrats students!





2025 GRADUATION

In May, the Department of Counseling graduated two exceptional students. **Congrats Raquel and Victoria!**







LSUHSC DEPARTMENT OF COUNSELING

BY THE NUMBERS 2025

50 TOTAL COUNSELING STUDENTS ENROLLED

40 CLASS SECTIONS OFFERED

7800 TOTAL PRACTICUM & INTERNSHIP HOURS

32 STUDENTS ACCEPTED INTO THE CLASS OF 2027

23 PRACTICUM & INTERNSHIP SITES

2027 COHORT TAKES SHAPE

In 2025, the Counseling Department welcomed its largest cohort in a while! The Class of 2027 is made up of of 26 students who started in the Fall semester, in addition to 7 students who joined in the Spring or Summer semesters, bringing the total to 32 students.

The group is a fantastic mix of backgrounds and interests, with a fairly even split between students who are fresh out of undergrad and those who are pursuing counseling after working in related fields or as a completely new career. The diversity of the group has already led to fast friendships and cohesion! *–Zachary Wilson*



MEET THE 2027 COHORT CLASS OFFICERS



ZACHARY WILSON
PRESIDENT

Zac is interested in working with adults in a variety of mental health fields and providing LGBTQ+-affirming care in Southern communities.



NATHALIA GRANT
VICE PRESIDENT

Nathalia plans on working with populations with severe/complex mental health conditions, as well as substance abuse.



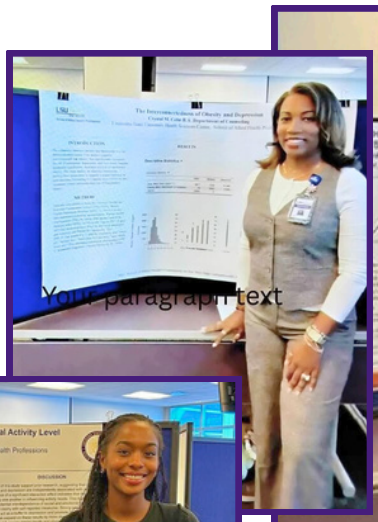
MARY GRACE VIATOR
SOCIAL CHAIR

Mary Grace hopes to work with children and adolescents —an incredibly important and often vulnerable stage of development.

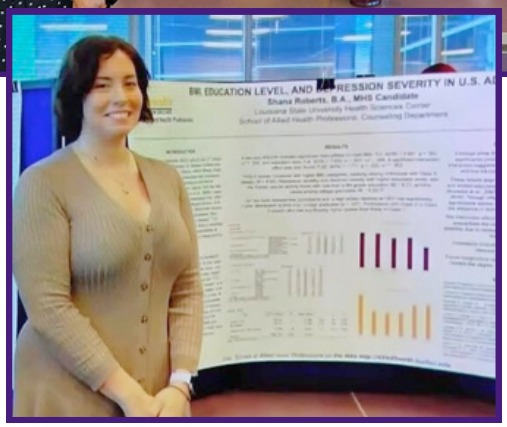
RESEARCH SYMPOSIUM

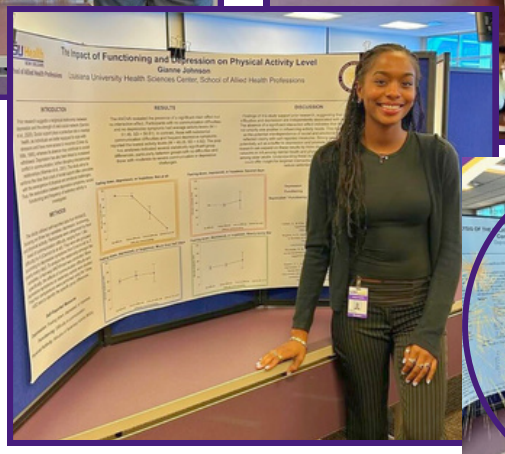
In September, our students showed off a powerful lineup of poster & platform presentations exploring clinical mental health topics using CDC data sets. The event counted for 2 CE hours – join us next year!











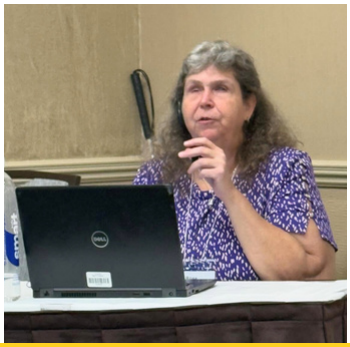
STUDENTS AND FACULTY ATTEND THE 2025

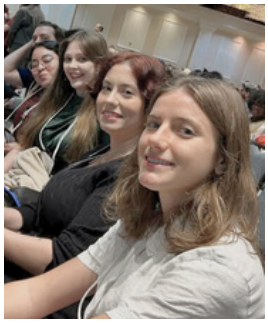
LCA CONFERENCE – BATON ROUGE













2025 SCRAPBOOK

HIGHLIGHTS FROM SOME OF THE YEAR'S HAPPENINGS



Snow Day! Jan



CSI Initiation, Feb



Zoo-To-Do, April



NAMI Walk, Oct



Family Day, Nov



Family Day, Nov



Halloween Party, Oct

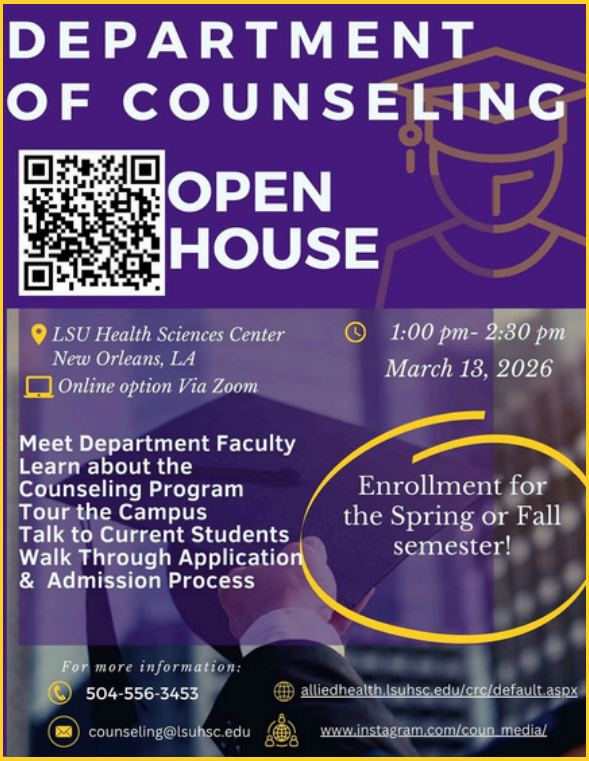


Holiday Potluck, Dec



Holiday Potluck, Dec

MARK YOUR CALENDAR





DEPARTMENT OF COUNSELING
ADMISSIONS PROCESS

The **Master of Health Sciences in Clinical Mental Health Counseling** (MHS) program is fully accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and is a 60-credit hour graduate program, on campus instruction classroom environment, with some courses offered with remote learning, as approved by CACREP. The program prepares counselors to assume the full range of professional responsibilities required in community counseling organizations, private as well as publicly funded and nonprofit, and to contribute to scholarship and service locally and nationally. All classes are synchronous, offered either in person on campus during the day (generally 9:00am to 4:30pm) or live via Zoom, with both daytime and evening (generally 5:00 pm to 8:00 pm) options.

APPLICATION DEADLINES:

- Spring (January start): November 15
- Fall (August start): June 1
- *Please note: We no longer admit students for the Summer Semester*

MHS-COUN ADMISSION REQUIREMENTS:

- NO GRE REQUIRED!
- Official transcripts (Minimum GPA of 2.5 in a 4.0 system)
- Letters of Recommendation (2)
- Personal Essay

CONTACT US!

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- counseling@lsuhsc.edu

