Dr. Holly Rachel Walters

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Education

MARCH 2023
Ph.D., Counselor Education and Supervision | Oregon State University | Portland. OR

MAY 2010
Masters of Health Sciences, Rehabilitation Counseling | LSU Health Sciences Center | New Orleans

• Member of Chi Sigma Iota, International Counseling Honor Society

DECEMBER 2007
Bachelor of Sciences, Psychology | University of New Orleans | New Orleans

• Member of Golden Key International Counseling Honor Society

Licensure

Louisiana LPC Board; Licensed Professional Counselor Supervisor #5170

Effective Date: 12.13.2013; Expiration Date: 6.30.2025

Certified Rehabilitation Counselor

Effective Date: 9.30.2010; Expiration Date: 9.30.2025

Teaching Experience

TEACHING EXPERIENCE AND RESPONSIBILITIES

Assistant Clinical Professor
LSU Health Sciences Center, New Orleans, LA

May 2025-August 2025

- COUN 6614 Group Process and Counseling
- COUN 6650 Counseling Research Practicum: Intro to DBT

January 2025 – May 2025

- **COUN 6612 Counseling Techniques and Process**
    - Taught two sections: one in-person during the day and one in the evening via Zoom. Prepared course PowerPoints and exams. Led role plays for students to practice clinical skills. Reviewed and assessed students' clinical work in real time, providing feedback and encouragement.
- **COUN 5654 Mental Health Diagnosis and Treatment Planning**
    - Taught evening class via Zoom. Prepared course materials, guided case studies to enhance diagnostic and treatment planning skills, and provided real-time feedback on clinical reasoning.

August 2024 – December 2024

- **COUN 6611 Counseling Theories and Practices**
    - Prepared course materials, enlisted guest speakers from the counseling field, and graded assignments, including counseling theory papers and professional counselor interviews.
- **COUN 5650 Crisis Counseling**
    - Taught two sections (daytime in-person, evening via Zoom). Facilitated an active exercise to practice assessing suicidality using evidence-based tools. Reviewed students' use of these tools and their clinical treatment recommendations.

Assistant Professor, LSUHSC, New Orleans, LA; May- August 2024

- COUN 5601 Foundations in Counseling
- COUN 6614 Group Process in Counseling
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Assistant Professor, LSUHSC, New Orleans, LA; January – May 2024

- COUN 6612 Counseling Techniques and Process
- COUN 6634 Ethics in Counseling
- COUN 5605 Counseling Special Population
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Assistant Professor, LSUHSC, New Orleans, LA; August – December 2023

- COUN 6611 Counseling Theories and Practices
- COUN 5601 Foundations in Counseling
- COUN 5650 Crisis Counseling

Adjunct Faculty, Oregon State University, Portland, OR; June – August 2023

Course delivered via Canvas (synchronous)

- Internship COUN 515
- Students are supervised by faculty and site supervisors. Review of counseling fundamentals, counselor development, and building professional counselor identity.
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Instructor, Oregon State University, Portland OR; March – June 2022

Course delivered via Canvas (asynchronous)

- Intro to Professional Counseling COUN 441
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Teaching Assistant, Oregon State University, Portland, OR; January – March 2022

Course delivered via Canvas and Zoom

- COUN 531 – Developmental Perspectives in Counseling

Teaching Assistant, Oregon State University, Portland, OR; September – December 2021

Course delivered via Canvas and Zoom

- COUN 550 – Foundations of Mental Health Counseling

Supervision Experience

Louisiana LPC Supervisor, June 2018- Present

- Provides weekly individual, and/or group supervision to Louisiana PLPC's

Doctoral Supervisor, Oregon State University (Online), Portland, OR

June – December 2021 (Summer and Fall terms)

- Provided weekly individual, triadic, and/or group supervision to clinical mental health and school counseling master's students
- Received weekly group supervision

Professional Academic & Counseling Experience

Clinical Assistant Professor August 2023-present

Alumni and Recruitment Chair, Department of Counseling

CSI Rho Chi Chapter Faculty Advisor

LSU Health Sciences Center, 411 S. Prieur Street, New Orleans, LA

- Teaches a variety of courses in the Counseling Department
- Advises CSI members in their efforts to support students, professionals, and the community.
- Attends recruitment events; Holds open houses and university tours

Professional Counselor October 2023-Present

LSU Health Child and Family Counseling Clinic, 411 S. Prieur Street, New Orleans, LA 70112

- Maintains a caseload of clients with mental health diagnosis
- Works individually and in the group setting with clients to develop goals for counseling, identifying steps to achieve these goals.
- Proficient in documentation of client notes electronically.
- Supervises provisional counseling licensees in Louisiana.

Mental Health Program Director, Professional Counselor February 2014 – June 2023

South Central Louisiana Human Services Authority, 1809 W. Airline Hwy., Laplace LA 70068

- Prepares and presents quarterly reports for mental health programs needed for grants and program monitoring.
- Supervises clinical team of licensed professional counselors and social workers, case managers, and interns.
- Actively participates in team staffing with counselors, social workers, nurses, and psychiatrists.
- Maintains caseload of clients with mental health and addiction diagnosis; working collaboratively to meet set goals/objectives.
- Works individually with clients to develop goals for counseling, identifying steps to achieve these goals.

- Successfully completed training to administer Level of Care Utilization System (LOCUS).
- Proficient in documentation of client notes electronically and in paper charts.
- Facilitates group meetings providing structure and boundaries, while allowing clients to process feelings and appropriately communicate them to peers while in a safe environment.

Employment Specialist – Mental Health September 2010 – February 2014

Jefferson Parish Human Services Authority, 3616 S. I-10 Service Road, Metairie, LA 70001

- Provides mental health counseling to clients, assisting them in developing coping skills needed for work in the community, i.e., social skills training, crisis planning, and relationship/professional skills.
- Administers vocational assessments & writes corresponding reports for Louisiana Rehabilitation Services (LRS).
- Active participant on team working to implement pilot program between state mental health office and state vocational agency to assist persons with severe mental illness return to work; program brought in $31,340 in the first year.
- Consistently meets/exceeds target goals: 50% of clients working in the community and productivity benchmarks.
- Presented the idea of vocational counseling groups to supervisors and implemented such groups for JPHSA Eastbank clients, as well as assisting in the startup of such groups for Westbank clients.

Professional Membership

American Counseling Association

Association for Counselor Education and Supervision

Louisiana Counseling Association

Chi Sigma Iota Internacional Honor Society, Rho Chi Chapter

Publications

Book Chapters:

Walters, Holly (2024), *The Making of a Mental Health Professional: Inspirational and Motivational Stories of Challenges, Victories, and Wisdom*. Cognella. Pg: 100-102.

Presentations and Multimedia

- **Implementing Social Emotional Psychoeducation in Play Therapy**
  Dr. Erin Dugan, Dr. George Hebert, and Dr. Holly Walters
  Louisiana Counseling Association Annual Conference, October 2024, Lake Charles, LA

- **Ethical Considerations in the Delivery of Telehealth from an Interdisciplinary Perspective**
  Dr. Erin Dugan, Dr. George Hebert, and Dr. Holly Walters
  Louisiana Counseling Association Annual Conference, October 2024, Lake Charles, LA

- **Interdisciplinary Case Consultation: Ethical Practices in Delivering Patient Care**
  Dr. Erin Dugan, Dr. George Hebert, and Dr. Holly Walters
  Louisiana Counseling Association Annual Conference, October 2024, Lake Charles, LA

- **Ethical and Forensic Considerations in the Reporting of Child Abuse/Neglect from and Interdisciplinary Perspective**
  Dr. George Hebert & Dr. Holly Walters
  The American Professional Society of Abuse of Children, June 2024, New Orleans, LA

- **An Investigation on Gender and Hearing/Visual Impairments**
  Dr. George Hebert & Dr. Holly Walters
  American Rehabilitation Counseling Association, April 2024, New Orleans, LA

- **Climate Conversations: Episode 3, When Climate Disaster Hits. How does it impact mental health care?** (Podcast)
  Dr. Holly Walters

- **Appreciating the Multicultural Legacies of Four Civil Rights Movements** (Poster presentation)
  Dr. Henry McCarthy and Holly Walters
  National Counsel on Rehabilitation Education, April 2010, Los Angelos, CA

- **Contextualizing the Disability Rights Movements: Four Waves of Multiculturalism**
  Dr. Henry McCarthy and Holly Walters
  National Association on Multiculturel Réhabilitation Concernes, July 200p, Memphis, TN

Professional Seminars

- **Overcoming Resistance: Best Practices for Counseling Mandated Client**
  Dr. Holly Walters and Raquel Nunez
  LSUHSC Spring 2025 Professional Seminar Series, New Orleans LA

- **Mastering Group Counseling: Acquisition, Retention, and Ethical Practice**
  Dr. Holly Walters
  LSUHSC Fall 2024 Professional Seminar Series, New Orleans LA

- **Pop Culture in Counseling: Harnessing Media to Connect, Understand, and Empower Clients and Trainee Counselors**
  Dr. Holly Walters
  LSUHSC Fall 2024 Professional Seminar Series, New Orleans LA

- **The Healing Magic of Hogwarts: Unveiling the Therapeutic Potential of Harry Potter**
  Dr. Holly Walters
  LSUHSC Fall 2024 Professional Seminar Series, New Orleans LA

- **Advanced DBT**
  Dr. Holly Walters
  LSUHSC Fall 2024 Professional Seminar Series, New Orleans LA

- **UGH Supervision Again!?! Reflecting on Preparation & Encouragement with Supervision**
  Dr. George Hebert, Dr. Erin Dugan, and Dr. Holly Walters
  LSUHSC Summer 2024 Professional Seminar Series, New Orleans LA

- **Ethical Considerations on the Delivery of Telehealth Services**
  Dr. George Hebert, Dr. Erin Dugan, and Dr. Holly Walters
  LSUHSC Summer 2024 Professional Seminar Series, New Orleans LA

- **Using Joiner's Interpersonal Model to work with Suicidal Clients**
  Dr. Holly Walters
  LSUHSC Spring 2024 Professional Seminar Series, New Orleans LA

- **Unified Protocol Basics I & II**
  Dr. Holly Walters
  LSUHSC Spring 2024 Professional Seminar Series, New Orleans LA

- **DBT Basics**
  Dr. Holly Walters
  LSUHSC Spring 2024 Professional Seminar Series, New Orleans LA