CURRICULUM VITAE

Kaitlyn Hay, Ph.D., LPC-S, NCC, CCTP-II

Date: 9/10/26
School: Health Professions
Department/Program: Counseling

Current Title: Assistant Professor- Clinical
Business Address: 411 South Prieur St. Room 318
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Initial Appointment at LSUHSC Date: August 2026
Current Academic Rank: Assistant Professor- Clinical

Education:

Undergraduate: Loyola University. BA in History, May 2015
Graduate/medical: University of Holy Cross. MA in Counseling, Specialization in School Counseling, August 2018.
PhD in Counselor Education and Supervision, May 2024
Dissertation: *The Lived Experience of Counselors who Work with Survivors of Sex Trafficking*

Certifications:

2018: National Certified Counselor (NCC).
2019: Certified Guidance Counselor.
2019: Trauma and Crisis Management Specialist.
2023: Certified Clinical Trauma Professional II (CCTP-II).

Licensure:

2020: Licensed Professional Counselor, Supervisor (LPC-S).

Academic, Professional, and Research Appointments:

2017-2019 Graduate Assistant, University of Holy Cross
2020-2021 Adjunct Professor, University of Holy Cross
2019-2026School Counselor, St. Cletus Catholic School
2022-2026 Owner, Guided Growth Counseling
2026-Present Assistant Professor, LSUHSC

Awards and Honors:

2017: Chi Sigma Iota Honor Society.
2018: Outstanding Graduate Student in School Counseling.
2018: Almar Foundation Grant Recipient.
2019: Jay and Rose Grilletta Ditta Memorial Scholarship Recipient.

TEACHING EXPERIENCE AND RESPONSIBILITIES

Formal Course Responsibilities
Dr. Kaitlyn Hay has taught and supervised graduate counseling students in counselor education programs since 2018. Teaching responsibilities have included graduate-level coursework, clinical practicum instruction, internship supervision, case consultation, professional skills development, and student mentoring. Instructional methods have included lecture, small-group discussion, clinical supervision, experiential learning activities, case conceptualization, and evaluation of counseling competencies. Teaching experience spans multiple counselor education settings, including service as a Teaching Assistant, Adjunct Professor, and Assistant Professor.

University of Holy Cross

Teaching Assistant (2018-2020)

- COU605 Career and Lifestyle Development (Summer 2018). Assisted with lecture delivery, student support, classroom discussion, grading, and instructional activities. Approximately one semester of teaching involvement.
- COU650 Sexual Trauma (Fall 2018). Assisted with graduate-level instruction and student learning activities. Approximately one semester of teaching involvement.
- COU615N Diagnosis of Mental Disorders (Fall 2018). Assisted with lecture activities, classroom discussion, and student assessment. Approximately one semester of teaching involvement.
- COU618 Appraisal in Counseling (Spring 2019). Assisted with instruction related to counseling assessment and appraisal practices. Approximately one semester of teaching involvement.
- PSY490 Research in Counseling (Fall 2019). Assisted with instruction, research-related learning activities, and student support. Approximately one semester of teaching involvement.
- COU701 Internship in Counseling (Spring 2020). Assisted with clinical supervision, professional development, and evaluation of counseling competencies. Approximately one semester of teaching involvement.

Adjunct Professor (2020-2021)

- COU700 Counseling Practicum (Summer 2020, Fall 2020, Spring 2021). Served as instructor of record for graduate counseling practicum. Responsibilities included lecture, small-group instruction, clinical supervision, case review, counseling skills evaluation, and professional mentoring. Three semesters of instruction.

LSUHSC

Assistant Professor (2026- Present)

- COUN 5610 Introduction to School Counseling (Fall 2026-Present). Instructor of record responsible for graduate-level instruction related to

the foundations, roles, and responsibilities of school counselors. Teaching methods include lecture, discussion, and experiential learning activities.

- COUN 5614 Professional Practicum (Fall 2026-Present) Graduate-level professional development course designed to support counselor identity development, professional readiness, career preparation, and interprofessional collaboration. Course content includes professional communication, practicum and career placement preparation, ethical and professional behavior, counselor wellness and self-care, supervision, professional organizations and credentials, interdisciplinary teamwork, and clinical professionalism.

RESEARCH AND SCHOLARSHIP

Major Area of Research Interest:
Dr. Kaitlyn Hay's research agenda centers on trauma and counselor education. Primary areas of interest include the experiences of counselors working with survivors of sex trafficking, trauma-informed counseling interventions, counselor wellness and professional resilience, and crisis response within school and community settings. Additional scholarly interests include school counseling, suicide prevention, professional identity development, clinical supervision, and the training and preparation of counselors across educational and clinical environments. Her research seeks to bridge the gap between evidence-based practice, counselor preparation, and the delivery of effective mental health services.

Scientific Presentations/Published Abstracts/Oral Sessions and Posters:
Scientific Presentations
Oral Sessions
Local

- **O'Connor, K.** (2017). *Counseling Students' Attitudes Towards Suicide.* Poster presented at the Law and Ethics Counseling Conference, New Orleans, LA.
- **O'Connor, K.** & Smestad, L. (2018). *Making the School Counselor/Intern Relationship Work.* Roundtable presentation at the Louisiana Counseling Association Conference, Louisiana.
- **O'Connor, K.** & Irvin, S. (2019). *Ethical Self-Care.* Presentation delivered for the Archdiocese of New Orleans, New Orleans, LA.
- **O'Connor, K.** (2020). *Suicide Assessment, Intervention, and Prevention.* Presentation to master's-level counseling students at the University of Holy Cross, New Orleans, LA.
- **Hay, K.** & Hay, C. (2024). *Internet Safety and Security.* Presentation for teachers and parents at St. Cletus School, Gretna, LA.
- **Hay, K.** & Hay, C. (2024). *Internet Safety and Security.* Presentation for teachers and parents at St. Rita School, New Orleans, LA.

National

- **Hay, K.** & Becnel, A. (2022). *Healing a School Community After a Suicide.* Presentation at the American School Counselor Association (ASCA) National Conference.

Poster

National

- **Hay, K.** (2017). *Counseling Students' Attitudes Towards Suicide.* Poster presentation at the National Law and Ethics Counseling Conference, New Orleans, LA.

Invited Presentations:

- **Hay, K.** (2023). *Counseling Survivors of Sex Trafficking.* Presentation to master's-level counseling students at the University of Memphis, Memphis, TN.
- **Hay, K.** (2023). *Panel on Traumatic Loss.* Presentation to master's-level counseling students at Southeastern University.

SERVICE AND ADMINISTRATION

University/Institutional Service:

LSUHSC (campus) committees

School committees

- Admissions (Fall 2026- Present)
- Student Affairs (Fall 2026- Present)

Departmental committees

- Admissions (Fall 2026- Present)

Special assignments – ad hoc task forces/working groups, projects, etc.

- Remediation Committee, Counseling Department ad hoc member (Fall 2026- Present)

Clinical Service:

Dr. Kaitlyn Hay provides counseling services through the Child and Family Counseling Clinic at Louisiana State University Health Sciences Center New Orleans. Clinical responsibilities include the provision of counseling services to children, adolescents, and families; case conceptualization and treatment planning; documentation and record maintenance; interdisciplinary collaboration; referral coordination; and the integration of evidence-based, trauma-informed counseling practices. Clinical work supports the educational mission of the Department of Counseling while providing accessible mental health services to the community. Additionally, Dr. Hay maintains experience in school counseling, trauma-focused counseling, and crisis intervention.

Clinic coverage

Child and Family Counseling Clinic, Louisiana State University Health Sciences Center New Orleans (Fall 2026- Present)

Outpatient counseling services for children, adolescents, and families. Responsibilities include assessment, treatment planning, individual counseling, family counseling, crisis intervention, case documentation, consultation, and referral coordination.

Membership in Professional Organizations:

- Member, American Counseling Association (ACA), 2016-Present.
- Member, American School Counselor Association (ASCA), 2016-Present.
- Member, Association for Counselor Education and Supervision (ACES), 2020-Present.
- Member, Southern Association for Counselor Education and Supervision (SACES), 2020-Present.
- Member, Association for Creativity in Counseling, 2026-Present.