Child & Family Counseling Clinic
(504) 556-3451 phone
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Adult Counseling Practicum/Internship & Post-Graduate Internship with Deborah Allsbrook, PhD, LPC-S, NCC

Application Checklist (submit to dalls1@lsuhsc.edu)
Cover Letter (interest, background and completion of requirements)
Resume

Deadlines

Summer Internship – March 1st; Interviews set for 2nd week in March
Fall Internship – June 1st; Interviews set for 2nd week in June
Spring Internship – October 1st; Interviews set for 2nd week in October

Adult Counseling Training Requirements

- Prior to beginning a counseling practicum, internship, or post-graduate clinical experience focused on adults 18 and older, applicants should demonstrate academic preparation and clinical interest in working with adults experiencing depression, anxiety, interpersonal difficulties, grief and loss, and trauma-related concerns.
- Completion of foundational counseling skills training from a CACREP-accredited or equivalent counseling program.
- Identification of a developing theoretical orientation and an ability to articulate how that orientation informs case conceptualization and counseling interventions.
- Demonstrated interest in adult counseling and willingness to work with diverse adult populations.
- Openness to clinical feedback, supervision, and professional growth.
- Commitment to ethical practice, reflective self-awareness, and ongoing professional development.

Clinical Experiences May Include:

- Individual counseling with adults experiencing depression, anxiety disorders, and/or post-traumatic stress.
- Counseling related to interpersonal, relational, and life-transition concerns.
- Grief and bereavement counseling.
- Group Counseling
- Co-presentation of Continuing Education Workshops
- Weekly supervision, case consultation, and clinical documentation review.

A minimum two-semester, consecutive-semester commitment is required for Practicum and Internship experiences.