# CURRICULUM VITAE

**Lacy Poiencot**

**Date:** 12/19/2025
**School:** Louisiana State University Health Science Center
**Department/Program:** Occupational Therapy

**Current Title:** Assistant Professor of Clinical Occupational Therapy
**Business Address:** Department of Occupational Therapy – School of Allied Health Professions
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New Orleans, LA, 70112
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**Initial Appointment at LSUHSC Date:** January 2023
**Current Academic Rank:** Assistant Professor, DrOT
**Date of Appointment to Current Rank:** May 2025

**Education:**

Bachelor of Science in Occupational Therapy
University of Louisiana at Monroe
August 1998 – December 2002

Post Professional Clinical Occupational Therapy Doctorate
University of Alabama at Birmingham
August 2021 – May 2025

**Certification:**

Occupational Therapy Certification – Certified by the National Board for Certification of Occupational Therapists on December 17, 2002

Lymphedema Certification – Certified by the Academy of Lymphatic Studies on May 28, 2004

Hand Therapy Certification – Certified by the Hand Therapy Certification Commission on May 7, 2011

**Licensure:**

Louisiana, OTT: Z12341, effective January 21, 2003, until the present

**Academic, Professional, and Research Appointments:**

National Rehab Partners (January 2003 to August 2003) – Occupational therapist in a pediatric outpatient clinic.

Terrebonne General Medical Center (August 2003 – October 2009) – Occupational therapist in a variety of settings, including NICU, acute care, inpatient rehabilitation, and outpatient rehab. Outpatient experience at this location was heavily involved with individuals with neurological disorders, lymphedema, and pediatrics.

Thibodaux Regional Medical Center (October 2009 – September 2014) – Occupational therapist in an outpatient clinic. Experience in this location was heavily involved with individuals with neurological disorders, orthopedic hand disorders, and lymphedema. (Home Health with Thibodaux Regional Medical Center from September 2014 to October 2016)

Leonard J Chabert Medical Center in partnership with Ochsner Health System (September 2014 – November 2021) (PRN from December 2010 – September 2014) – Occupational therapist in a hand and upper extremity outpatient orthopedic clinic.

Ochsner Therapy and Wellness Raceland Clinic (December 2021 to the present) – Occupational therapist in a pediatric outpatient clinic.

Louisiana State University Health Sciences Center, New Orleans, Department of Occupational Therapy (January 2023 to May 2025) – Period of appointment as adjunct instructor.

Louisiana State University Health Sciences Center, New Orleans, Department of Occupational Therapy (May 2025 to present) – Faculty member, Assistant Professor.

## TEACHING EXPERIENCE AND RESPONSIBILITIES

Guest Lecturer at LSUHSC, OCCT6530: Application I: General Practice Concepts (Fall Semesters of 2018, 2019, 2021, 2022, 2023, and 2024)

- Taught content on physical agent modalities used in occupational therapy practice using lectures and in-class case study discussions.

Guest Lecturer at LSUHSC, OCCT6614: Occupational Therapy for Orthopedic Conditions (Spring Semesters of 2019, 2021, 2022, and 2023)

- Taught content on standard hand and upper extremity tendon injuries and their relation to recovery in occupation using lecture and in-class case study discussion.

Guest Lecturer at LSUHSC, OCCT 6624: Pathophysiology and Medical Conditions (Spring of 2024)

- Taught content on the condition of autism regarding etiology, evaluation, and intervention methods.

**Formal Course Responsibilities**

LSUHSC - OCCT 6620: Occupational Therapy with the Older Adult (Spring 2023)
- Co-instructor of two credit hours of a four-credit-hour course
- Taught content from the course coordinated by the primary instructor using lectures and in-class activities.
- Graded mid-term and written assignments
- (Course coordinator: Dr. Ingrid Franc, PhD, LOTR)

LSUHSC - OCCT 6718: Community-Based Care and Specialized Practice (Fall 2023, Fall 2024, Fall 2025)
- 3-hour course
- Primary adjunct instructor through a point of appointment.
- Coordinated course and taught using lectures, discussion, in-class activities, and communication of lecture objectives to guest lecturers.
- Guided students through assignments designed to enhance their understanding of the different aspects of community-based practice.
- Guided students through a community-based assignment that involved service hours and a presentation on an occupational therapy program that the student could, in theory, build in that setting.
- (Primary course coordinator: Alanna Glapion, EdD, OTR/L)

LSUHSC – OCCT 6512: Occupational Performance Across the Life Span (Spring 2024, Spring 2025)
- 3-hour course
- Coordinated course and taught through the use of lectures, discussion, in-class activities, and communication of lecture objectives to guest lecturers.
- Guided students through assignments designed to enhance their understanding of a typically developing person across the lifespan and how occupation fits into this typical development of health and well-being.
- (Primary course coordinator: Brandon Walker, DrOT, OTR/L)

LSUHSC – OCCT 6720: The Principles of Practice: Early Life class (Fall 2024)
- Served as supervisor of two student groups for the pediatric lab
- Guided and supported students through assessment and treatment of pediatric clients.

LSUHSC – OCCT 6450: Occupation-Based Practice: Pediatrics I (Fall 2025)
- 3-hour course
- Co-instructor
- Taught developmental and pediatric content through lectures and in-class activities
- Guided students through interactive learning through hands-on labs
- Assessed students' knowledge through hands-on competencies
- Graded exams with co-instructor
- (Primary course coordinator: Brandon Walker, DrOT, OTR/L)

LSUHSC – OCCT 6720: Occupation-Based Practice: Pediatrics II (Fall 2025)
- 4-hour course
- Co-instructor

- Taught developmental and pediatric content through lectures and in-class activities
- Guided students through interactive learning through hands-on labs
- Assessed students' knowledge through hands-on competencies
- Graded exams with co-instructor
- Guided and supported students through assessment and treatment of pediatric clients through the pediatric plex
- (Primary course coordinator: Brandon Walker, DrOT, OTR/L)

**Major Area of Research Interest:**

I have conducted a scoping review on the impact of societal stigma on employment outcomes for autistic adults as part of the capstone requirement for my post-professional clinical doctorate program, and I am currently looking to begin a study looking at the barriers to pediatric telehealth. Looking ahead, I am particularly interested in advancing research in several key areas: emotional regulation interventions for children in community settings such as schools and after-school programs; trauma-informed occupational interventions for children with disabilities in collaboration with community partners; advancing telehealth in pediatric occupational therapy; and feeding interventions for children with eating disorders, focusing on a trauma-informed occupational perspective.

**Membership in Professional Organizations:**

American Occupational Therapy Association – Current Member
Louisiana Occupational Therapy Association – Current Member

**Academic Service:**

- Member of the School of Allied Health Community Engagement Committee
- Member of the Occupational Therapy Department Admissions Committee

**Community Service Activities:**

- Guest speaker at breast cancer support groups about lymphedema education from 2004 to 2009.
- Guest speaker at Parkinson's support groups from 2016-2018
- Coordinator of a community Parkinson's support group; 2016-2017.
- Attended Parkinson's Action Network's Hill Day in Washington, DC, for advocacy of patients in 2016.
- Volunteer Court-appointed Special Advocate member for foster children; 2017 - 2019.

**Continuing Education Courses Attended 2024**

- Case Studies for the Master Clinician: Brachial Plexus Birth Injuries (1/10/2022) – OccupationalTherapy.com
- Journaling in OT to Address Anxiety and Emotional Regulation (7/22/2022) – OccupationalTherapy.com
- Pressure and Permission in feeding – the Get Permission Institute (12/20/2022)
- Exploring the Foundational Skills Related to Handwriting (7/17/2023) – Colibri Healthcare

**Continuing Education Courses Attended 2025**

- Collaborative Consultation: Supporting Students with Autism in the Classroom (6/26/2025) – OccupationalTherapy.com
- Pediatric Telehealth: Essentials for Creating a Successful Telehealth Program (6/18/2025) – OccupationalTherapy.com
- The Magic of Mindfulness: Evidence-Based Guidelines for Practicing the Art of Mindfulness in Children (6/17/2025) – OccupationalTherapy.com
- Understanding Primitive Reflexes: How They Impact Child Development and Intervention Strategies for Integration (6/4/2025) – OccupationalTherapy.com
- Evaluation and Treatment of Upper Extremity Ataxia (6/17/2025) – OccupationalTherapy.com
- From Cinic to Campus: Transitioning to Academia (7/18/2025) – Louisiana State University, New Orleans, School of Allied Health Professions
- Making the Accommodation: Structuring a Successful Fieldwork Supervision Experience (7/18/2025) – Louisiana State University, New Orleans, School of Allied Health Professions